



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Hoffmann, Nico

Club: SV Normania Treffurt

Number: 4110

Course: 10.22 km

Geländelauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 44:10

Speed: 13.58 km/h

Running performance: 4:19 min/km

Rank in course/Total: 24 (of 157)

Rank in course/Men: 22 (of 122)

Best time in course: 35:15

Rank in category: 2(of 13)

Best time in the category: 42:58