



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

**Schneider, Erik**

Club: SV 90 Gräfenroda

Number: 4080

Course: 10.22 km

Geländelauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 44:57

Speed: 13.64 km/h

Running performance: 4:24 min/km

Rank in course/Total: 30 (of 157)

Rank in course/Men: 28 (of 122)

Best time in course: 35:15

Rank in category: 4(of 9)

Best time in the category: 36:19