



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Dressler, Marco

Club: Bruchstedt

Number: 4017

Course: 10.22 km

Geländelauf lang

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:40

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 40 (of 157)

Rank in course/Men: 37 (of 122)

Best time in course: 35:15

Rank in category: 4(of 15)

Best time in the category: 44:24