



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Bauer, Jörg

Club: FSV Gotha

Number: 4005

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:11

Speed: 13.00 km/h

Running performance: 4:37 min/km

Rank in course/Total: 44 (of 157)

Rank in course/Men: 41 (of 122)

Best time in course: 35:15

Rank in category: 3(of 16)

Best time in the category: 43:49