



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt

Number: 4058

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:10

Speed: 13.00 km/h

Running performance: 4:37 min/km

Rank in course/Total: 43 (of 157)

Rank in course/Men: 40 (of 122)

Best time in course: 35:15

Rank in category: 2(of 16)

Best time in the category: 43:49