



10. Trefffurter Stadtlauf
Treffurt / 07.09.2013

Detailed evaluation

Noll, Jonas

Club: SV Normania Treffurt
Number: 4063

Course: 10.22 km
Geländelauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 47:11

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 45 (of 157)

Rank in course/Men: 41 (of 122)

Best time in course: 35:15

Rank in category: 3(of 19)

Best time in the category: 44:07