



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Temmler, Matthias

Club: SV Normania Treffurt

Number: 4087

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:30

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 56 (of 157)

Rank in course/Men: 52 (of 122)

Best time in course: 35:15

Rank in category: 5(of 16)

Best time in the category: 43:49