



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Kleinschmidt, Mario

Club: Hainichl,,ufer Mühlhausen

Number: 4046

Course: 10.22 km

Geländelauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 49:38

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 58 (of 157)

Rank in course/Men: 54 (of 122)

Best time in course: 35:15

Rank in category: 5(of 19)

Best time in the category: 44:07