



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Stadler, Hans-Georg

Club: SV Floh-Selingenthal

Number: 4128

Course: 10.22 km

Geländelauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 50:45

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 64 (of 157)

Rank in course/Men: 59 (of 122)

Best time in course: 35:15

Rank in category: 6(of 19)

Best time in the category: 44:07