



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla

Number: 4137

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 50:53

Speed: 12.05 km/h

Running performance: 4:59 min/km

Rank in course/Total: 68 (of 157)

Rank in course/Men: 62 (of 122)

Best time in course: 35:15

Rank in category: 8(of 16)

Best time in the category: 43:49