



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Wernecke, Karl-Ernst

Club: VFL 28 Ellrich

Number: 4093

Course: 10.22 km

Geländelauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 51:51

Speed: 11.57 km/h

Running performance: 5:04 min/km

Rank in course/Total: 72 (of 157)

Rank in course/Men: 66 (of 122)

Best time in course: 35:15

Rank in category: 1(of 5)

Best time in the category: 51:51