



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 4067

Course: 10.22 km

Geländelauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 52:17

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 76 (of 157)

Rank in course/Men: 70 (of 122)

Best time in course: 35:15

Rank in category: 2(of 5)

Best time in the category: 51:51