



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Kavemann, Matthias

Club: Fortuhna Gräfentonna

Number: 4165

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:17

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 77 (of 157)

Rank in course/Men: 70 (of 122)

Best time in course: 35:15

Rank in category: 9(of 16)

Best time in the category: 43:49