



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

**Gerling, Cornelia**

Club: FSV 1950 Gotha

Number: 4033

Course: 10.22 km

Geländelauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 52:19

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 78 (of 157)

Rank in course/Women: 7 (of 35)

Best time in course: 40:13

Rank in category: 3(of 8)

Best time in the category: 48:13