



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Törmer, Christian

Club: Mühlhausen

Number: 4139

Course: 10.22 km

Geländelauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 52:28

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 79 (of 157)

Rank in course/Men: 72 (of 122)

Best time in course: 35:15

Rank in category: 9(of 13)

Best time in the category: 42:58