



10. Trefffurter Stadtlauf
Treffurt / 07.09.2013

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt
Number: 4052

Course: 10.22 km
Geländelauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 54:17

Speed: 11.05 km/h
Running performance: 5:19 min/km

Rank in course/Total: 85 (of 157)

Rank in course/Men: 77 (of 122)

Best time in course: 35:15

Rank in category: 10(of 16)

Best time in the category: 43:49