



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

**Wecera, Thomas**

Club: Lg Rothenbach

Number: 4090

Course: 10.22 km

Geländelauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 55:45

Speed: 11.00 km/h

Running performance: 5:27 min/km

Rank in course/Total: 91 (of 157)

Rank in course/Men: 83 (of 122)

Best time in course: 35:15

Rank in category: 12(of 19)

Best time in the category: 44:07