



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Anschütz, Saskia

Club: FSV 1950 Gotha e.V.

Number: 4003

Course: 10.22 km

Geländelauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 58:21

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 109 (of 157)

Rank in course/Women: 17 (of 35)

Best time in course: 40:13

Rank in category: 5(of 8)

Best time in the category: 48:13