



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Braunholz, Danilo

Club: SV Normania Treffurt

Number: 4011

Course: 10.22 km

Geländelauf lang

Category:

Senioren M40 (40-44 Jahre)

Total time: 59:41

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 117 (of 157)

Rank in course/Men: 97 (of 122)

Best time in course: 35:15

Rank in category: 13(of 15)

Best time in the category: 44:24