



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Göring, Matthias

Club: Weimar

Number: 4036

Course: 10.22 km

Geländelauf lang

Category:

Senioren M55 (55-59 Jahre)

Total time: 59:46

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 119 (of 157)

Rank in course/Men: 98 (of 122)

Best time in course: 35:15

Rank in category: 10(of 13)

Best time in the category: 41:33