



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Kaiser, Tobias

Club: SV Normania Treffurt

Number: 4044

Course: 10.22 km

Geländelauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:00:34

Speed: 9.91 km/h

Running performance: 5:56 min/km

Rank in course/Total: 124 (of 157)

Rank in course/Men: 103 (of 122)

Best time in course: 35:15

Rank in category: 9(of 9)

Best time in the category: 36:19