



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Grebe, Martin

Club: Laufftreff Altensteiner Park

Number: 4035

Course: 10.22 km

Geländelauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:02:47

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 129 (of 157)

Rank in course/Men: 106 (of 122)

Best time in course: 35:15

Rank in category: 17(of 19)

Best time in the category: 44:07