



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Jesche, Dagmar

Club: sc impuls erfurt

Number: 4042

Course: 10.22 km

Geländelauf lang

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:02:54

Speed: 9.75 km/h

Running performance: 6:09 min/km

Rank in course/Total: 131 (of 157)

Rank in course/Women: 24 (of 35)

Best time in course: 40:13

Rank in category: 2(of 5)

Best time in the category: 50:08