



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Kießling, Sven

Club: SV Thuringia Königsee

Number: 4045

Course: 10.22 km

Geländelauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:03:08

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 132 (of 157)

Rank in course/Men: 108 (of 122)

Best time in course: 35:15

Rank in category: 13(of 13)

Best time in the category: 42:58