



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee

Number: 4038

Course: 10.22 km

Geländelauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:03:36

Speed: 9.64 km/h

Running performance: 6:13 min/km

Rank in course/Total: 134 (of 157)

Rank in course/Men: 109 (of 122)

Best time in course: 35:15

Rank in category: 3(of 5)

Best time in the category: 51:51