



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Haferanke, Manfred

Club: Lauffreunde Gotha

Number: 4129

Course: 10.22 km

Geländelauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:06:06

Speed: 9.08 km/h

Running performance: 6:28 min/km

Rank in course/Total: 143 (of 157)

Rank in course/Men: 115 (of 122)

Best time in course: 35:15

Rank in category: 4(of 5)

Best time in the category: 51:51