



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

**Poller, Evelyn**

Club: LT Breitung

Number: 4136

Course: 10.22 km

Geländelauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:07:21

Speed: 9.10 km/h

Running performance: 6:35 min/km

Rank in course/Total: 148 (of 157)

Rank in course/Women: 31 (of 35)

Best time in course: 40:13

Rank in category: 8(of 8)

Best time in the category: 48:13