



10. Trefffurter Stadtlauf
Treffurt / 07.09.2013

Detailed evaluation

Pohl, Tizian

Club: SV Normania Treffurt
Number: 4558

Course: 5.50 km
Geländelauf kurz

Category:
Männer (20-29 Jahre)

Total time: 23:55

Speed: 13.80 km/h
Running performance: 4:21 min/km

Rank in course/Total: 12 (of 102)

Rank in course/Men: 11 (of 66)

Best time in course: 19:10

Rank in category: 1(of 3)

Best time in the category: 23:55