



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Grimm, Ulf

Club: SV Normania

Number: 4600

Course: 5.50 km

Geländelauf kurz

Category:

Senioren M60 (60-64 Jahre)

Total time: 32:41

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 51 (of 102)

Rank in course/Men: 40 (of 66)

Best time in course: 19:10

Rank in category: 2(of 2)

Best time in the category: 26:30