



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Rauschenberg, Lisa

Club: SG Schnellmannshausen

Number: 4604

Course: 5.50 km

Geländelauf kurz

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 37:31

Speed: 8.00 km/h

Running performance: 6:49 min/km

Rank in course/Total: 74 (of 102)

Rank in course/Women: 18 (of 36)

Best time in course: 22:11

Rank in category: 4(of 6)

Best time in the category: 29:31