



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Meng, Anke

Club: Treffurt

Number: 4593

Course: 5.50 km

Geländelauf kurz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 45:15

Speed: 6.63 km/h

Running performance: 8:14 min/km

Rank in course/Total: 91 (of 102)

Rank in course/Women: 30 (of 36)

Best time in course: 22:11

Rank in category: 2(of 3)

Best time in the category: 37:53