



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Quack, Saskia

Club: RS Treffurt 8a

Number: 4560

Course: 5.50 km

Geländelauf kurz

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 45:40

Speed: 6.57 km/h

Running performance: 8:18 min/km

Rank in course/Total: 92 (of 102)

Rank in course/Women: 31 (of 36)

Best time in course: 22:11

Rank in category: 5(of 6)

Best time in the category: 29:31