



## 10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

### Detailed evaluation

**Zscharnt, Ina**

Club: DAV Inselberg

Number: 4097

Course: 10.22 km

Geländelauf lang

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:34:48

Speed: 6.47 km/h

Running performance: 9:17 min/km

Rank in course/Total: 156 (of 157)

Rank in course/Women: 35 (of 35)

Best time in course: 40:13

Rank in category: 4(of 4)

Best time in the category: 45:37