



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Sonntag, Frank

Club: Team Sunwalker Magdeburg
Number: 960

Course: 9.60 km
9,6 km - Wanderung

Category:
Männer

Total time: 1:05:28

Speed: 8.80 km/h
Running performance: 6:49 min/km

Rank in course/Total: 1 (of 20)

Rank in course/Men: 1 (of 10)

Best time in course: 1:05:28

Rank in category: 1(of 10)

Best time in the category: 1:05:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:18	7:23	1	-	1	-	4.10	30:18	7:23	1	-	1	-
Loddenke	2.20	13:48	6:16	1	-	1	-	6.30	44:06	7:00	1	-	1	-
Ilseburg/Markt	3.30	21:22	6:28	1	-	1	-	9.60	1:05:28	6:49	1	-	1	-