



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Ebert, Andreas

Club: Skiclub Ilseburg  
Number: 715

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 48:17

Speed: 11.18 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 41 (of 170)

Rank in course/Men: 32 (of 111)

Best time in course: 33:31

Rank in category: 6(of 11)

Best time in the category: 38:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	24:19	5:55	6	4:47	33	7:56	4.10	24:19	5:55	6	4:47	31	7:38
Loddenke	2.20	9:26	4:17	6	1:28	27	2:52	6.30	33:45	5:21	6	6:00	31	10:30
Ilseburg/Markt	3.30	14:32	4:24	6	3:18	35	4:19	9.60	48:17	5:01	6	9:18	32	14:46