



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hirsch, Detlef

Club: Triathlonverein Dessau e.V.
Number: 696

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 48:37

Speed: 11.11 km/h
Running performance: 5:04 min/km

Rank in course/Total: 43 (of 170)

Rank in course/Men: 34 (of 111)

Best time in course: 33:31

Rank in category: 2(of 8)

Best time in the category: 42:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:26	5:57	2	3:28	34	8:03	4.10	24:26	5:57	2	3:28	29	7:45
Loddenke	2.20	9:12	4:10	2	0:36	24	2:38	6.30	33:38	5:20	2	4:04	33	10:23
Ilseburg/Markt	3.30	14:59	4:32	3	2:26	44	4:46	9.60	48:37	5:03	2	6:30	34	15:06