



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Pfitzner, Sven

Club: VS Dessau
Number: 616

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:52

Speed: 11.05 km/h
Running performance: 5:05 min/km

Rank in course/Total: 45 (of 170)

Rank in course/Men: 36 (of 111)

Best time in course: 33:31

Rank in category: 3(of 10)

Best time in the category: 44:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:40	6:00	3	2:56	38	8:17	4.10	24:40	6:00	3	2:56	35	7:59
Loddenke	2.20	9:11	4:10	2	0:18	21	2:37	6.30	33:51	5:22	3	3:14	35	10:36
Ilseburg/Markt	3.30	15:01	4:33	5	1:27	45	4:48	9.60	48:52	5:05	3	4:41	36	15:21