



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hackbarth, Annett

Club: SV Rot-Weiß Abbenrode
Number: 609

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 49:17

Speed: 10.96 km/h
Running performance: 5:08 min/km

Rank in course/Total: 46 (of 170)
Rank in course/Women: 10 (of 59)
Best time in course: 40:00

Rank in category: 2(of 8)
Best time in the category: 47:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	25:05	6:07	2	1:38	10	5:05	4.10	25:05	6:07	2	1:38	40
Loddenke	2.20	9:34	4:20	1	-	8	1:46	6.30	34:39	5:30	2	1:32	40
Ilseburg/Markt	3.30	14:38	4:26	2	0:39	10	2:29	9.60	49:17	5:08	2	2:11	10 9:17