



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Goedecke, Christian

Club: Wernigerode  
Number: 669

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 49:21

Speed: 10.94 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 47 (of 170)

Rank in course/Men: 37 (of 111)

Best time in course: 33:31

Rank in category: 2(of 4)

Best time in the category: 46:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:40	6:00	2	1:44	38	8:17	4.10	24:40	6:00	1	-	35	7:59
Loddenke	2.20	9:45	4:25	1	-	31	3:11	6.30	34:25	5:27	1	-	36	11:10
Ilseburg/Markt	3.30	14:56	4:31	3	1:08	41	4:43	9.60	49:21	5:08	2	2:46	37	15:50