



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Forstenbacher, Max

Club: Triathlonfreunde Wittenberg  
Number: 537

Course: 3.90 km  
3,9 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 17:51

Speed: 10.08 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 6 (of 41)

Rank in course/Men: 6 (of 26)

Best time in course: 14:52

Rank in category: 2(of 11)

Best time in the category: 17:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Prinzess Ilse Que	1.90	9:17	4:53	2	0:08	4	1:45	1.90	9:17	4:53	2	0:08	22		
Ilseburg/Markt	2.00	8:34	4:16	2	0:14	6	1:14	3.90	17:51	4:34	2	0:22	6	2:59	