



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Dörre, Jochen

Club: Mühlhausen
Number: 547

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 51:15

Speed: 10.54 km/h
Running performance: 5:20 min/km

Rank in course/Total: 61 (of 170)

Rank in course/Men: 49 (of 111)

Best time in course: 33:31

Rank in category: 3(of 8)

Best time in the category: 42:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:42	6:16	3	4:44	51	9:19	4.10	25:42	6:16	3	4:44	48	9:01
Loddenke	2.20	10:23	4:43	5	1:47	51	3:49	6.30	36:05	5:43	3	6:31	48	12:50
Ilseburg/Markt	3.30	15:10	4:35	4	2:37	49	4:57	9.60	51:15	5:20	3	9:08	49	17:44