



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Münzberg, André

Club: Feuerwehr Ilseburg  
Number: 587

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 51:58

Speed: 10.39 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 66 (of 170)

Rank in course/Men: 54 (of 111)

Best time in course: 33:31

Rank in category: 7(of 14)

Best time in the category: 45:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:32	6:28	7	3:35	58	10:09	4.10	26:32	6:28	7	3:35	53	9:51
Loddenke	2.20	10:03	4:34	6	1:11	40	3:29	6.30	36:35	5:48	7	4:46	53	13:20
Ilseburg/Markt	3.30	15:23	4:39	7	1:50	53	5:10	9.60	51:58	5:24	7	6:26	54	18:27