



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Rippin, Melanie

Club: NSV Wernigerode  
Number: 647

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 18:51

Speed: 9.55 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 7 (of 41)  
Rank in course/Women: 1 (of 15)

Best time in course: 18:51  
Rank in category: 1 (of 2)  
Best time in the category: 18:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	9:40	5:05	1	-	1	-	1.90	9:40	5:05	1	-	1	-
Ilseburg/Markt	2.00	9:11	4:35	1	-	1	-	3.90	18:51	4:50	1	-	1	-