



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Weber, Steffen

Club: Pesterwitz
Number: 611

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:35

Speed: 10.27 km/h
Running performance: 5:29 min/km

Rank in course/Total: 70 (of 170)

Rank in course/Men: 57 (of 111)

Best time in course: 33:31

Rank in category: 4(of 8)

Best time in the category: 42:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:21	6:40	6	6:23	70	10:58	4.10	27:21	6:40	4	6:23	56	10:40
Loddenke	2.20	10:16	4:40	3	1:40	47	3:42	6.30	37:37	5:58	4	8:03	56	14:22
Ilseburg/Markt	3.30	14:58	4:32	2	2:25	43	4:45	9.60	52:35	5:28	4	10:28	57	19:04