



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Thiele, Lena

Club: SV Stockhütte
Number: 630

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 53:06

Speed: 10.17 km/h
Running performance: 5:32 min/km

Rank in course/Total: 75 (of 170)
Rank in course/Women: 16 (of 59)
Best time in course: 40:00

Rank in category: 1(of 2)
Best time in the category: 53:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:55	6:48	1	-	25	7:55	4.10	27:55	6:48	1	-	31	
Loddenke	2.20	10:12	4:38	1	-	12	2:24	6.30	38:07	6:03	1	-	31	
Ilseburg/Markt	3.30	14:59	4:32	1	-	13	2:50	9.60	53:06	5:31	1	-	16	13:06