



43. Brockenlauf

Ilseburg / 07.09.2013

Detailed evaluation

Dähnn, Klaas

Club: SG Darlingerode/Drübeck/Ilseburg
Number: 549

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 18:55

Speed: 12.37 km/h
Running performance: 4:51 min/km

Rank in course/Total: 8 (of 41)

Rank in course/Men: 7 (of 26)

Best time in course: 14:52

Rank in category: 4(of 13)

Best time in the category: 16:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	9:24	4:56	4	0:41	7	1:52	1.90	9:24	4:56	4	0:41	21	
Ilseburg/Markt	2.00	9:31	4:45	9	1:22	15	2:11	3.90	18:55	4:51	4	2:03	7	4:03