



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Halle, Axel

Club: Team Erdinger Alkoholfrei
Number: 689

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 53:39

Speed: 10.07 km/h
Running performance: 5:35 min/km

Rank in course/Total: 80 (of 170)

Rank in course/Men: 62 (of 111)

Best time in course: 33:31

Rank in category: 7(of 13)

Best time in the category: 43:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:03	6:21	7	4:35	54	9:40	4.10	26:03	6:21	7	4:35	61	9:22
Loddenke	2.20	12:09	5:31	11	3:48	91	5:35	6.30	38:12	6:03	7	8:23	61	14:57
Ilseburg/Markt	3.30	15:27	4:40	5	1:41	56	5:14	9.60	53:39	5:35	7	10:04	62	20:08