



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Borowicz, Joachim

Club: Ilseburg
Number: 679

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 54:00

Speed: 10.00 km/h
Running performance: 5:37 min/km

Rank in course/Total: 85 (of 170)

Rank in course/Men: 65 (of 111)

Best time in course: 33:31

Rank in category: 2(of 7)

Best time in the category: 49:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:54	6:33	2	2:22	65	10:31	4.10	26:54	6:33	2	2:22	64	10:13
Loddenke	2.20	10:25	4:44	2	0:10	53	3:51	6.30	37:19	5:55	2	2:32	55	14:04
Ilseburg/Markt	3.30	16:41	5:03	2	1:34	75	6:28	9.60	54:00	5:37	2	4:06	65	20:29