



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Goedecke, Jakob

Club: Wernigerode
Number: 678

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 54:10

Speed: 9.97 km/h
Running performance: 5:38 min/km

Rank in course/Total: 89 (of 170)

Rank in course/Men: 68 (of 111)

Best time in course: 33:31

Rank in category: 2(of 2)

Best time in the category: 50:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:52	6:33	2	1:23	63	10:29	4.10	26:52	6:33	2	1:23	67	10:11
Loddenke	2.20	10:47	4:54	2	0:27	63	4:13	6.30	37:39	5:58	2	1:50	68	14:24
Ilseburg/Markt	3.30	16:31	5:00	2	2:16	72	6:18	9.60	54:10	5:38	2	4:06	68	20:39