



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Eggert, Katrin

Club: NSV Wernigerode
Number: 644

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 54:38

Speed: 9.88 km/h
Running performance: 5:41 min/km

Rank in course/Total: 93 (of 170)
Rank in course/Women: 22 (of 59)
Best time in course: 40:00

Rank in category: 4(of 8)
Best time in the category: 47:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	27:05	6:36	4	3:38	15	7:05	4.10	27:05	6:36	4	3:38	45
Loddenke	2.20	10:54	4:57	4	1:20	22	3:06	6.30	37:59	6:01	4	4:52	51
Ilseburg/Markt	3.30	16:39	5:02	6	2:40	28	4:30	9.60	54:38	5:41	4	7:32	22 14:38